

What is Change?

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Learning outcomes:

- Explore what change means.
- Distinguish different types of change.

What you will need:

- Handout – pre-course questions
- Sticky notes
- Handout 1 – Types of change
- Handout 2 – Stakeholders

Content and suggested timings:

What is change?	10 minutes
Different types of change	30 minutes
Stakeholders	20 minutes
Total duration:	60 minutes

Pre-course questions

These pre-course questions should identify the experience delegates have with managing change. You can choose to issue the questions beforehand. If you can review the replies before the learning this will help you make sure you cover the key areas.

Alternatively, have a broad discussion on delegate responses to the following:

- ▶ What is your experience of managing change?
- ▶ What is the general attitude towards change in your organisation?
- ▶ What do you find most challenging when managing change?
- ▶ What skills, if any would you like to improve?

What is change?

Our world is ever changing, there always seems to be something on the go. Never has the workplace been more changeable with nothing seeming to stay still for long.

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